

WORKSHEET 4: SUMMARY OF FINDINGS

This worksheet can be used to create narrative descriptions to post alongside sections from **Worksheet 3: Identifying Connections between Policy and Practice**. The purpose of these narratives is to describe the district's progress toward meeting their wellness goals. Not all districts will have information to share in all four sections.



SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES

Our district recently completed the Triennial Assessment. We have found that we are compliant in many areas of the assessment. Some positive examples in our Wellness Policy include the following: We have removed vending machines from all schools. We participate in the National School Breakfast Program daily, at all schools. We offer free water at all schools throughout the school day. The snacks offered at all schools are Smart Snack compliant. No food or beverages are sold in school stores. Teachers do not use food as a reward.



SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN

Our assessment has identified that information stated in our policy is not always implemented. To remedy this we will involve stakeholders in our committee to create an implementation plan, and reach out to all school staff to help enforce it.



SECTION 3: UPDATE POLICIES

This step in the assessment has highlighted areas where we are implementing wellness practices, but they are either vaguely mentioned, or not mentioned at all in our policy. To correct this we will hold a wellness meeting in the beginning of the 22-23 SY and rewrite our policy to include all the activities that we are participating in.



SECTION 4: OPPORTUNITIES FOR GROWTH

Our committee will broaden our wellness policy to include the topics listed in this section. We will continue working towards a robust policy that includes healthy goals for students and staff.